

#### Whole person. Whole system.

**IDSS 2023** 

12 – 14 November Hobart

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### Social Innovations in Workers' Compensation

Rebecca Said | Head of Insurance for NSW

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This presentation has been prepared for the Actuaries Institute 2023 Injury and Disability Schemes Seminar.

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#### Case study: social innovation in workers compensation

LivingWell a biopsychosocial approach

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### Defining social innovation

Almost all (if not all) innovations that occur within the personal injury ecosystem are social in nature. That is, the implementation of new solutions to complex social problems such as mental health, solutions that ultimately aim to improve the welfare and wellbeing of individuals and communities.

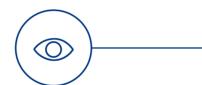


## Challenges facing workers compensation





Declining return to work performance



Changing nature of claims and increase in complexity



Deteriorating financial scheme performance



### Allianz's approach to social innovation



Support future thriving workplaces
Help organisations be future
ready, and evolve their approach to
workplace mental health.



Inform claims management practices
Create human-centered solutions that
enable industry leading sustainable
recovery and return to work outcomes.



**Use data-driven insights** 

Capitalise on the breadth of our personal injury data to better understand workplace trends and the evolving needs of our customers.



#### Defining biosychosocial

All people are impacted by their personal psychological and social contexts, and when combined with issues related to an individuals' health (biology), these can ultimately determine the success of that person's recovery.



#### Case study

## LivingWell a biopsychosocial approach

**Challenge:** The public sector workforce has traditionally had the highest percentage of people with psychological injury claims given the nature of the work they perform, and that remains true today.

A lot of existing health intervention is based on a biomedical model of diagnosis and treatment, the focus is on the specific condition and the therapy evidenced is to resolve the problem. The failure of this model is that it does not consider the biopsychosocial impacts on a person's recovery at work.



## LivingWell Program goals



- Reduce the impact of biopsychosocial factors on psychological and physical injuries and illnesses.
- Improve the health and wellbeing of employees to reduce disruption to schools.
- Improved employee experience through their recovery at work process.
- Provide a targeted support program for employees' health & wellbeing in the workplace.
- Improve return to work durations for workers' compensation claims and reduce costs.
- Inform future strategies.
- Introduce early support to those who need it, before a psychological condition manifests.
- Provide a process that is easy for all workers to follow and understand.
- Connect workers to existing support services available through the Department of Education

#### INJURY AND DISABILITY SCHEMES SEMINAR (IDSS) 2023: WHOLE PERSON, WHOLE SYSTEM







3. Worker completes the screen and contact is made by the provider within 8 business hours to review the results and discuss the tailored service to be delivered.

1. Case Manager & H&W team member agree on need for referral.

Contact is made with worker to explain the support service, gain their consent, and guide them through the activation process.

2. A unique link to the activation tool is generated by the Case Manager.

Link sent to the worker during or immediately after the conversation confirming their willingness to participate in the program.

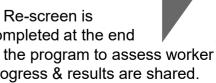
> 4. Report outlining the outcome of the screen is provided to Allianz and the Department of Education.

**WWW** 

5. Health Coaching modules & sessions are provided based on the worker's specific, identified issues.

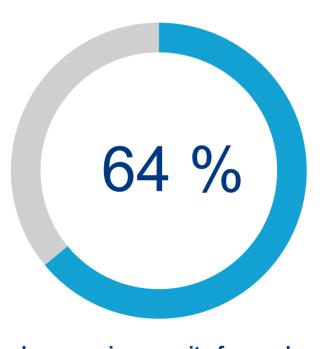
6. Re-screen is completed at the end of the program to assess worker progress & results are shared.



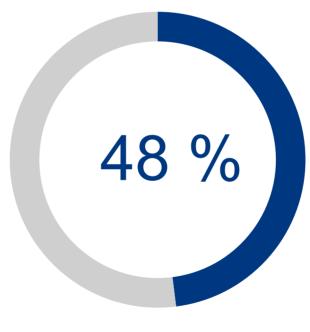




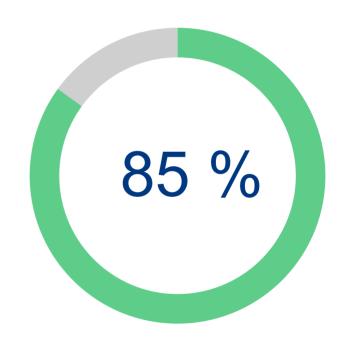
#### LivingWell outcomes



Increase in capacity for work



Have returned to work in some capacity

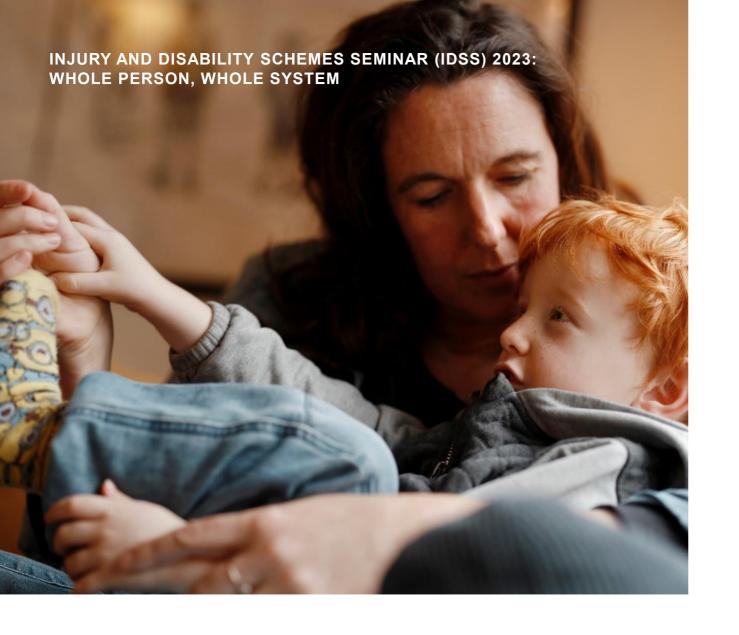


Improved post-program scores



# Behind our customers for what's ahead

Hear from LivingWell participant Kylie.



# Check out our 2023 research .... The Workplace Realignment

Employee expectations around the role of work are continuing to shift. A more diverse, multigenerational workforce is taking on new challenges, and factors in the economic landscape and broader environment are continuing to impact mental health.





Thank you

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